

26 February 2025

Dear Parent/Carer

PSHE Curriculum

I am writing to update you on the topics Year 11 will be studying in PSHE in the coming weeks. This half term, Year 11 will be learning about **independence and families** and will be taught:

- Links between lifestyle and some cancers
- The importance of self-screening
- Vaccinations and immunisations myths and reality
- Blood, organ and stem cell donation
- How to manage influences and risks relating to cosmetic and aesthetic body alterations
- Fertility, including how it varies and changes
- Pregnancy, birth and miscarriage
- Unplanned pregnancy options, including abortion
- How to manage change, loss, grief and bereavement
- Different types of family and changing family structure

PSHE involves both written work and group-based discussion work, and we really hope your child will enjoy exploring the range of topics that PSHE offers. Resources that we use are sourced from the PSHE Association and therefore approved by the Department for Education.

If you wish to review any of our lessons and resources, please contact the school and we will arrange for you to come in, meet with a member of staff and look through the slides we deliver.

If you have any questions or queries relating to the PSHE curriculum, please do not hesitate to get in touch at: info@guiseleyschool.org.uk. The resources below may also be useful for you to discuss the work we do in PSHE with your child/ren at home:

- https://www.teenagecancertrust.org/
- https://www.nhs.uk/conditions/vaccinations/
- https://www.blood.co.uk/
- https://www.ed.ac.uk/news/2022/social-media-aids-quest-for-beauty-perfection
- https://www.britishfertilitysociety.org.uk/information-hub/
- https://www.childline.org.uk/info-advice/friends-relationships-sex/sex-relationships/pregnancy/
- https://www.childline.org.uk/info-advice/your-feelings/feelings-emotions/when-someone-dies/

Yours sincerely

Mr S Lord

Curriculum Leader - PSHE

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