GUISELEY SCHOOL

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Headteacher: Mr Paul Clayton

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Dear Parent/Carer

Y7 PSHE Curriculum

Students are continuing with their PSHE curriculum and I am writing to update you on the topics Year 7 will be studying in PSHE in the coming weeks. Year 7 will be focusing on **managing transitions and personal safety** and will be taught:

- Reviewing their first term at Guiseley – identifying personal strengths and areas for development
- Identifying skills for success in school
- How to manage the changes of a new school – the effect of transition and strategies to build resilience
- How to establish and manage friendships
- How to identify, express and manage their emotions in a constructive way
- How to establish and manage friendships online safely
- How to manage other elements of personal safety – travel safety and water safety
- How to respond in an emergency situation

PSHE involves both written work and group-based discussion work, and we really hope your child will enjoy exploring the range of topics that PSHE offers. Resources that we use are sourced from the PSHE Association and therefore approved by the Department for Education.
If you have any questions or queries relating to the PSHE curriculum, please do not hesitate to get in touch at: info@guiseleyschool.org.uk.
The resources below may also be useful for you to discuss the work we do in PSHE with your child/ren at home:

- https://www.childline.org.uk/info-advice/school-college-and-work/school-college/moving-schools/
- https://www.childline.org.uk/info-advice/your-feelings/feelings-emotions/
- https://www.childline.org.uk/info-advice/bullying-abuse-safety/online-mobile-safety/staying-safe-online/
- https://www.thinkuknow.co.uk/11_18/lets-talk-about/relationships/online-friendships/
- https://www.think.gov.uk/education-resources/explore-education-resources/
- https://assets.publishing.service.gov.uk/media/5a74a95440f0b61df477770b/Water_Safety_leaflet_76a791.pdf

Yours sincerely

Mr S Lord
Curriculum Leader - PSHE

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