

Subject: Y10 PSHE Curriculum

Dear Parent/Carer,

I am writing to update you on the topics Year 10 will be studying in PSHE in the coming weeks. In the final half term, Year 10 will be focusing on 'Relationships' and will be learning about **healthy relationships** and will be taught:

- Relationship values and the role of pleasure in relationships
- How to manage the impact of the media and pornography on sexual attitudes, expectations and behaviours
- Myths, assumptions, misconceptions and social norms about sex, gender and relationships
- Asexuality, abstinence and celibacy
- The opportunities and risks of forming and conducting relationships online
- The ethical and legal implication relating to consent including manipulation and coercion and capacity to consent.
- How to recognise and response to pressure, coercion and exploitation including reporting and accessing appropriate support.
- How to recognise and challenge victim blaming in relationships

PSHE involves both written work and group-based discussion work, and we really hope your child will enjoy exploring the range of topics that PSHE offers. Resources that we use are sourced from the PSHE Association and therefore approved by the Department for Education.

If you wish to review any of our lessons and resources, please contact the school and we will arrange for you to come in, meet with a member of staff and look through the slides we deliver.

Relationships and Sex Education covers a number of sensitive topics. If you have any questions or queries relating to the PSHE curriculum, please do not hesitate to get in touch at: info@guiseleyschool.org.uk. The resources below may also be useful for you to discuss the work we do in PSHE with your child/ren at home:

- <https://www.childline.org.uk/info-advice/friends-relationships-sex/sex-relationships/>
- https://www.thinkuknow.co.uk/11_18/lets-talk-about/sex-and-sexual-content/healthy-sexual-experiences/
- https://www.thinkuknow.co.uk/11_18/lets-talk-about/relationships/healthy-relationships/

- <https://www.childline.org.uk/info-advice/bullying-abuse-safety/online-mobile-safety/online-porn/>
- <https://www.brook.org.uk/topics/gender/>
- <https://www.brook.org.uk/your-life/online-dating-and-staying-safe/>
- <https://www.brook.org.uk/your-life/how-to-give-and-get-consent/>

Yours sincerely,

Mr S Lord
Curriculum Leader - PSHE