

21 May 2025

Dear Parent/Carer

## **PSHE Curriculum**

I am writing to update you on the topics Year 9 will be studying in PSHE in the coming weeks. In the final half term of the year, Year 9 will be focusing on 'Relationships' and will be learning about **intimate relationships.** Students will be taught about:

- Readiness for sexual activity the choice to delay sex or enjoy the intimacy without sex
- Myths and misconceptions relating to consent
- The continuous right to withdraw consent and capacity to consent
- Sexually transmitted infections, effective use of condoms and negotiating safer sex
- The consequences of unprotected sex including pregnancy
- How the portrayal of relationships in the media and pornography might affect expectations
- How to assess and manage risks of sharing or passing on sexual images
- How to secure personal information online

PSHE involves both written work and group-based discussion work, and we really hope your child will enjoy exploring the range of topics that PSHE offers. Resources that we use are sourced from the PSHE Association and therefore approved by the Department for Education.

If you wish to review any of our lessons and resources, please contact the school and we will arrange for you to come in, meet with a member of staff and look through the slides we deliver.

Relationships and Sex Education covers a number of sensitive topics. If you have any questions or queries relating to the PSHE curriculum, please do not hesitate to get in touch at: <a href="mailto:info@guiseleyschool.org.uk">info@guiseleyschool.org.uk</a>.

The resources below may also be useful for you to discuss the work we do in PSHE with your child/ren at home:

- <a href="https://www.childline.org.uk/info-advice/friends-relationships-sex/sex-relationships/">https://www.childline.org.uk/info-advice/friends-relationships-sex/sex-relationships/</a>
- https://www.childline.org.uk/info-advice/bullying-abuse-safety/online-mobile-safety/online-porn/
- https://www.thinkuknow.co.uk/11 18/lets-talk-about/nudes/
- https://www.childline.org.uk/info-advice/bullying-abuse-safety/online-mobile-safety/
- https://www.thinkuknow.co.uk/11 18/lets-talk-about/online-safety/

Yours sincerely

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