



GUISELEY SCHOOL

5 January 2026

Dear Parent/Carer

PSHE Curriculum

I am writing to update you on the topics Year 11 will be studying in PSHE in the coming weeks. This half term, Year 11 will be learning about **communication in relationships** and will be taught:

- Respecting the emotions of the individual in relationships
- How to communicate assertively and how to communicate wants and needs relating to readiness for sex
- How to choose and access appropriate contraception
- Unwanted attention, including online
- How to challenge harassment and stalking, including online, and including legal processes
- Various forms of relationship abuse
- Identifying unhealthy, exploitative and abusive relationships
- How to access support in abusive relationships and how to overcome challenges in seeking support

PSHE involves both written work and group-based discussion work, and we really hope your child will enjoy exploring the range of topics that PSHE offers. Resources that we use are sourced from the PSHE Association and therefore approved by the Department for Education.

If you wish to review any of our lessons and resources, please contact the school and we will arrange for you to come in, meet with a member of staff and look through the slides we deliver.

If you have any questions or queries relating to the PSHE curriculum, please do not hesitate to get in touch at: info@guiseleyschool.org.uk. The resources below may also be useful for you to discuss the work we do in PSHE with your child/ren at home:

- <https://www.childline.org.uk/info-advice/friends-relationships-sex/sex-relationships/healthy-unhealthy-relationships/>
- <https://www.childline.org.uk/info-advice/friends-relationships-sex/sex-relationships/contraception-safe-sex/>
- <https://enough.campaign.gov.uk/>
- <https://www.thinkuknow.co.uk/parents/>

Yours sincerely

Mr S Lord
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