

5 September 2025

Dear Parent/Carer

## **PSHE Curriculum**

Students are continuing their PSHE curriculum in lessons this term. I am writing to update you on the topics Year 13 will be studying in PSHE in the coming weeks. This half term, Year 13 will be focusing on **next steps** and will be taught:

- Post-18 'next steps' options including higher education, further training or apprenticeships, and gap year opportunities
- Application processes, including how to write a concise and compelling personal statement, effectively refine and tailor a CV and prepare for interviews
- How to effectively challenge online content that adversely affects personal or professional reputation
- How social media can expand, limit or distort perspectives including
- How to make decisions about voting when you are 18.
- What types of election can you vote in and why do we have these structures?
- How to set and maintain boundaries around personal privacy
- How to manage online safety in all its forms, including seeking help when appropriate

PSHE involves both written work and group-based discussion work, and we really hope your child will enjoy exploring the range of topics that PSHE offers. Resources that we use are sourced from the PSHE Association and therefore approved by the Department for Education.

If you have any questions or queries relating to the PSHE curriculum, please do not hesitate to get in touch at: <a href="mailto:info@guiseleyschool.org.uk">info@guiseleyschool.org.uk</a>.

The resources below may also be useful for you to discuss the work we do in PSHE with your child/ren at home:

- <a href="https://nationalcareers.service.gov.uk/careers-advice/career-choices-at-18">https://nationalcareers.service.gov.uk/careers-advice/career-choices-at-18</a>
- <a href="https://barclayslifeskills.com/families/home-learning/">https://barclayslifeskills.com/families/home-learning/</a>
- <a href="https://www.bbc.co.uk/bitesize/articles/ztxk6rd#zbgpcxs">https://www.bbc.co.uk/bitesize/articles/ztxk6rd#zbgpcxs</a>
- https://www.childline.org.uk/info-advice/bullying-abuse-safety/online-mobile-safety/

Yours sincerely

Mr S Lord

Curriculum Leader - PSHE

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