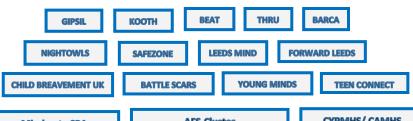


Mental Health and Wellbeing Provision Map

"Self help is the gold standard of positive mental wellbeing".





Mindmate SPA

Triage, signposting referrals from GP/School/Parents/ Professionals, Marketplace, school nurse,

AFS-Cluster

ISL, Therapeutic 1:1 counselling, G&S Meetings, family support, parenting support, Cygnet programme, signposting, family consultations, front door to CSWS & EH Hub

CYPMHS/ CAMHS

Therapy team (medication), Crisis team (EST), Neurodevelopmental assessment, first appts, Therapy, Treatment packages.

Bespoke Support -SUCCEED

Aireborough family services (Cluster), Mindmate SPA, Children and Young People Mental Health Service (CYPMHS formally CAMHS), Early Help Hub, GP's, NWAIP

Silvercloud

Online programme to support mental health for students & parents, ADHD programme, access for 1 year, dedicated support.

LFIS/ GBC

1:1 mentoring sessions form two in school practitioners, wellbeing chart, early support, 8-12 weeks fortnightly.

MMST

Information evenings, Face to face consultations, PSCHE input, targeted group work, 1:1 early intervention, CBT approach, workbooks, signpost to services, Assemblies, training.

Targeted External Support-ASPIRE

Leeds faith in schools (LFIS), Guiseley Baptist Church, Silvercloud, Mindmate Support Team (MMST)

SEMH/SEND

Pupil passports, SEMH Teacher, group & 1:1 interventions, emotions, resilience, stress, anxiety, self esteem. Wellbeing check ins, social time support, transition to lessons. MNTS,PPT, EHCP, Ed Pysch, SENSAP

Wellbeing Team

Interventions 1:1 & Group, planned check in, triage TRF referrals, signposting, managing external partners, attendance caseload, welfare visits, direct work, parent/ professional meetings.

Pastoral Teams

Daily check in's, mentoring, reduced timetables, time out pass, risk assessments, self help guides, support plans, parent meetings, TRF's, Attendance WO referrals, VLG.

Targeted Internal School Support-CARE

Pastoral teams, KS4, UKS3, LKS3, Sixth form, Wellbeing team, SEND/SEMH, Attendance and Wellbeing Officer, Therapeutic referral forms (TRF's), Vulnerable Learner Group (VLG), Mental Health first aiders (Staff & Students).

Form Tutor

Daily check ins, welfare calls home, face to face support, mentoring. waves, italising with Pastoral Teams, reporting on CPOMs, wellbeing support.

PSHCE

Y7-Y13 PSHCE curriculum explicitly covering resilience, positive mental wellbeing, how to support mental health issues in all year groups,

MHWL

Mental Health and Wellbeing lead, individual support, mentoring, welfare sessions, check ins, parental contact/ meetings, liaising with DSL/DDSL

Key Stage Pastoral Leader

Oversight of students in Key stage overall wellbeing, mentoring, welfare checks, parental contact/ meetings, referrals for support.

Universal Support-GROW

Staff training, CPD, Ethos and Environment, Being Guiseley, Form Tutor, Policies, Assemblies, Surveys, PSHCE, Emotional Literacy, Wider Curriculum, Parent communication, Attendance, Website Wellbeing page, Pastoral Support, Information Evenings, Student check ins, Anti Bullying, Positive behaviour, RSE, Online safety, Student voice, Mental health first aider for staff and students, Designated Mental health and Wellbeing Lead.