



Guiseley School Revision Support

Subject: A Level Psychology

Paper 1

Social influence topic

RAG Before	Learning checklist	RAG After	Where can I get Extra help? Page numbers websites etc
	Know the types of conformity: internalisation, identification and compliance		https://studyrocket.co.uk/revision/a-level-psychology-aqa/introducing-topics-in-psychology/conformity
	Know and discuss the explanations for conformity: informational social influence and normative social influence		https://illuminate.digital/aqapsych1/ Chapter 1 pages 16-17
	Know the variables affecting conformity including group size, unanimity and task difficulty as investigated by Asch		https://www.simplypsychology.org/a-level-social.html
	Discuss conformity to social roles as investigated by Zimbardo		https://www.prisonexp.org/
	Outline the explanations for obedience: agentic state and legitimacy of authority, as investigated by Milgram		https://illuminate.digital/aqapsych1/ Chapter 1 pages 26-27
	Outline the situational variables affecting obedience including proximity, location and uniform, as investigated by Milgram		https://www.psychologywizard.net/situational-factors-ao1-ao2-ao3.html
	Describe the dispositional explanation for obedience: the Authoritarian Personality		https://illuminate.digital/aqapsych1/ Chapter 1 pages 28-29
	Discuss the explanations of resistance to social influence, including social support and locus of control		https://www.youtube.com/watch?v=vptLEnv6sYs
	Describe minority influence including reference to consistency, commitment and flexibility		https://illuminate.digital/aqapsych1/ Chapter 1 pages 32-33
	Evaluate the role of social influence processes in social change		https://www.tutor2u.net/psychology/reference/role-of-social-influence-processes-in-social-change



Memory topic

RAG Before	Learning checklist	RAG After	Where can I get Extra help? Page numbers websites etc
	Describe and evaluate the multi-store model of memory and its components: sensory, short-term and long-term memory.		https://www.tutor2u.net/psychology/reference/multi-store-model-of-memory
	Know the features of each store: coding, capacity and duration.		https://illuminate.digital/aqapsych1/ Chapter 2 pages 46-47
	Discuss the three types of long-term memory: episodic, semantic, procedural.		https://www.simplypsychology.org/long-term-memory.html
	Describe and evaluate the working memory model: central executive, phonological loop, visuo-spatial sketchpad and episodic buffer.		https://illuminate.digital/aqapsych1/ Chapter 2 pages 52-53
	Discuss the explanations for forgetting: proactive and retroactive interference		https://illuminate.digital/aqapsych1/ Chapter 2 pages 54-55
	Discuss the explanations for forgetting: retrieval failure due to absence of cues.		https://illuminate.digital/aqapsych1/ Chapter 2 pages 56-57
	Describe the effect of: misleading information, including leading questions and post-event discussion on the accuracy of eyewitness testimony		https://www.tutor2u.net/psychology/reference/misleading-information-in-eye-witness-testimony-ewt
	Describe the effect of anxiety on the accuracy of eyewitness testimony		https://www.psychologyhub.co.uk/student-resources/paper-1-memory/anxiety-affecting-eyewitness-testimony/
	Discuss how to improve the accuracy of eyewitness testimony, including the use of the cognitive interview.		https://www.simplypsychology.org/cognitive-interview.html



Attachment topic

RAG Before	Learning checklist	RAG After	Where can I get Extra help? Page numbers websites etc
	Describe the caregiver-infant interactions in humans: reciprocity and interactional synchrony		https://illuminate.digital/aqapsych1/ Chapter 3 page 74-75
	Explain the stages of attachment identified by Schaffer. Multiple attachments and the role of the father		https://illuminate.digital/aqapsych1/ Chapter 3 page 76-77
	Discuss the animal studies of attachment: Lorenz and Harlow		https://illuminate.digital/aqapsych1/ Chapter 3 page 78-79
	Discuss the learning theory explanation of attachment		https://illuminate.digital/aqapsych1/ Chapter 3 page 80-81
	Discuss Bowlby's monotropic theory		https://www.tutor2u.net/psychology/reference/bowlbys-theory-of-attachment
	Discuss the concepts of a critical period and an internal working model		https://illuminate.digital/aqapsych1/ Chapter 3 page 80-81
	Describe Ainsworth's 'Strange Situation'		https://www.tutor2u.net/psychology/reference/ainsworths-strange-situation
	Types of attachment: secure, insecure-avoidant and insecure resistant		https://www.simplypsychology.org/attachment-styles.html
	Discuss the cultural variations in attachment, including van Ijzendoorn		https://illuminate.digital/aqapsych1/ Chapter 3 page 86-87
	Explain Bowlby's theory of maternal deprivation.		https://www.tutor2u.net/psychology/reference/bowlbys-theory-of-maternal-deprivation
	Discuss the Romanian orphan studies: effects of institutionalisation		https://illuminate.digital/aqapsych1/ Chapter 3 page 90-91
	Discuss the influence of early attachment on childhood and adult relationships, including the role of an internal working model		https://illuminate.digital/aqapsych1/ Chapter 3 page 92-93



Psychopathology topic

RAG Before	Learning checklist	RAG After	Where can I get Extra help? Page numbers websites etc
	Know the definitions of abnormality: deviation from social norms		https://illuminate.digital/aqapsych1/ Chapter page 136-139
	Know the definitions of abnormality: failure to function adequately		https://illuminate.digital/aqapsych1/ Chapter pages 136-139
	Know the definitions of abnormality: statistical infrequency		https://illuminate.digital/aqapsych1/ Chapter pages 136-139
	Know the definitions of abnormality: deviation from ideal mental health		https://illuminate.digital/aqapsych1/ Chapter pages 138
	Describe the behavioural, emotional and cognitive characteristics of phobias		https://illuminate.digital/aqapsych1/ Chapter pages 140
	Describe the behavioural, emotional and cognitive characteristics of depression		https://illuminate.digital/aqapsych1/ Chapter pages 142-143
	Describe the behavioural, emotional and cognitive characteristics of obsessive compulsive disorder (OCD)		https://illuminate.digital/aqapsych1/ Chapter pages 144-145
	Discuss the behavioural approach to explaining and treating phobias: the two-process model including classical and operant conditioning		https://illuminate.digital/aqapsych1/ Chapter pages 146-149
	Discuss the behavioural approach to explaining and treating phobias: systematic desensitization, including relaxation and use of hierarchy		https://illuminate.digital/aqapsych1/ Chapter pages 148-149



Paper 2

Approaches topic

RAG Before	Learning checklist	RAG After	Where can I get Extra help? Page numbers websites etc
	Describe the origins of psychology: Wundt, introspection and the emergence of psychology as a science		https://illuminate.digital/aqapsych1/ Chapter 4 pages 104-105
	Know and explain the behaviourist approach, including classical conditioning and Pavlov's research		https://www.psychologyhub.co.uk/learning-approaches-the-behaviourist-approach/
	Know and explain the behaviourist approach operant conditioning, types of reinforcement and Skinner's research		https://www.psychologyhub.co.uk/learning-approaches-the-behaviourist-approach/
	Know and explain the social learning theory including imitation, identification, modelling, vicarious reinforcement		https://www.tutor2u.net/psychology/reference/learning-approaches-social-learning-theory
	Know and explain the social learning theory including the role of mediational processes and Bandura's research		https://www.tutor2u.net/psychology/reference/learning-approaches-social-learning-theory
	Know and explain the study of internal mental processes, the role of schema in cognitive approach		https://illuminate.digital/aqapsych1/ Chapter 4 pages 110-111
	Know and explain the use of theoretical and computer models to explain the mental processes. The emergence of cognitive neuroscience.		https://illuminate.digital/aqapsych1/ Chapter 4 pages 110-111
	Know and explain the biological approach: the influence of genes, biological structures and neurochemistry on behaviour		https://www.tutor2u.net/psychology/reference/the-biological-approach
	Know and explain the basic assumptions of: Genotype and phenotype, genetic basis of behaviour, evolution and behaviour		https://illuminate.digital/aqapsych1/ Chapter 4 pages 112-113
	Be able to describe and evaluate the psychodynamic approach: including the role of the unconscious, the structure of personality (Id, Ego and Superego), defence mechanisms psychosexual stages.		https://illuminate.digital/aqapsych1/ Chapter 4 pages 118-119
	Be able to describe and evaluate humanistic Psychology including the concepts of free will, self-actualisation and Maslow's hierarchy of needs, congruence.		https://illuminate.digital/aqapsych1/ Chapter 4 pages 120-121
	Be able to explain the influence of the humanistic approach on counselling Psychology.		https://www.counselling-directory.org.uk/person-centred-therapy.html
	Be able to compare and contrast all psychological approaches		https://illuminate.digital/aqapsych1/ Chapter 4 pages 122-123



Research methods topic

RAG Before	Learning checklist	RAG After	Where can I get Extra help? Page numbers websites etc
	To understand the difference between aims and create testable directional and non directional hypotheses		https://www.tutor2u.net/psychology/reference/research-methods-aims-and-hypotheses
	To know types of variables (IV, DV and EV) including how to operationalise		https://www.youtube.com/watch?v=QA66baZOfwQ
	To know how to select participants through various sampling methods and evaluate these methods		https://illuminate.digital/aqapsych1/ chapter 6 pages 74-75
	To understand pilot studies and the aims of piloting.		https://illuminate.digital/aqapsych1/ chapter 6 page 78
	To explain and evaluate the different types of experimental design		https://learndojo.org/gcse/aqa-psychology/research-methods/
	To explain and evaluate the experimental method (lab, field and natural studies)		https://learndojo.org/gcse/aqa-psychology/research-methods/
	To explain and evaluate observation studies (including categories of behaviour, event and time sampling)		https://tuxfordpsychology91.wordpress.com/8-research-methods/
	To explain and evaluate interviews and questionnaires (including the use of open and closed questions)		https://tuxfordpsychology91.wordpress.com/8-research-methods/
	To know how use random allocation and counterbalancing, randomisation and standardisation.		https://www.tutor2u.net/psychology/reference/research-control
	To explain and evaluate the association between 2 variables & use of scatter diagrams to show correlations.		https://www.simplypsychology.org/correlation.html
	To understand the impact of demand characteristics and investigator effects on research.		https://learndojo.org/gcse/aqa-psychology/research-methods/
	To know and explain ethical issues in psychological research and ways of dealing with each of these issues.		http://psychyogi.org/ethical-issues-in-psychology/
	To understand the role of peer review in the scientific process		https://illuminate.digital/aqapsych1/ chapter 6 pages 200-201
	To understand the implications of psychological research for the economy.		https://illuminate.digital/aqapsych1/ chapter 6 pages 200-201
	To understand and calculate mean, median, mode and range.		https://www.youtube.com/watch?v=B1HEzNTGeZ4
	To distinguish between quantitative/ qualitative data and primary/secondary data (including meta-analysis)		https://psychologyrocks.org/types-of-data-qualitative-and-quantitative-data-primary-and-secondary-data/
	To be able to calculate fractions and percentages		https://www.mathsisfun.com/converting-fractions-percents.html
	To be able to construct and interpret frequency tables and diagrams, bar charts, histograms and scatter diagrams for correlation		https://www.youtube.com/watch?v=dljxTGAGGeg



	To be able to explain the characteristics of a normal and skewed distribution		https://learndojo.org/gcse/aqa-psychology/research-methods/
	To know when and how to conduct a sign test		https://illuminate.digital/aqapsych1/ chapter 6 pages 198-199

	Describe and evaluate the use of content analysis.		https://illuminate.digital/aqapsych2edy2/ Chapter 3 pages 64-65
	Describe and evaluate the use of case studies.		https://www.simplypsychology.org/case-study.html
	Understand factors that affect reliability across all methods of investigation		https://www.psychologyhub.co.uk/reliability/
	Understand ways of assessing & improving reliability: test-retest & inter-observer		https://www.psychologyhub.co.uk/reliability/
	Describe types of validity: face validity, concurrent validity, ecological validity and temporal validity.		https://illuminate.digital/aqapsych2edy2/ Chapter 3 pages 64-65
	Understand ways of assessing and improving validity.		https://www.youtube.com/watch?v=Q_NJSs7fgkA
	Understand the features of science: objectivity and the empirical method; replicability and falsifiability		https://www.simplypsychology.org/science-psychology.html
	Understand paradigms and paradigm shifts		https://illuminate.digital/aqapsych2edy2/ Chapter 3 page 82
	Understand how to report psychological investigations and the sections of a scientific report		https://illuminate.digital/aqapsych2edy2/ Chapter 3 page 81
	Be able to use statistical tables and critical values in interpretation of significance		https://illuminate.digital/aqapsych2edy2/ Chapter 3 pages 72-73
	Understand Type I and Type II errors		
	Understand factors affecting the choice of statistical test and when to choose each test		https://illuminate.digital/aqapsych2edy2/ Chapter 3 pages 70-71



Biopsychology topic

RAG Before	Learning checklist	RAG After	Where can I get Extra help? Page numbers websites etc
	Understand the divisions of the nervous system: central and peripheral (somatic and autonomic)		https://illuminate.digital/aqapsych1/ Chapter 4 page 116
	Understand the structure and function of sensory, relay and motor neurons		https://illuminate.digital/aqapsych1/ Chapter 4 page 117
	Explain the process of synaptic transmission, including reference to neurotransmitters, excitation and inhibition		https://illuminate.digital/aqapsych1/ Chapter 4 pages 118
	Know the function of the endocrine system: glands and hormones		https://illuminate.digital/aqapsych1/ Chapter 4 page 117
	Discuss the fight or flight response including the role of adrenaline		https://illuminate.digital/aqapsych1/ Chapter 4 page 117

	Understand localisation of function in the brain and hemispheric lateralisation: motor, somatosensory, visual, auditory and language centres		https://illuminate.digital/aqapsych2/ Chapter 2 pages 38-40
	Discuss plasticity and functional recovery of the brain after trauma		https://illuminate.digital/aqapsych2/ Chapter 2 pages 39-43
	Discuss split brain research		https://illuminate.digital/aqapsych2/ Chapter 2 pages 40-41
	Know ways of studying the brain: scanning techniques - functional magnetic resonance imaging (fMRI)		https://illuminate.digital/aqapsych2/ Chapter 2 pages 44-45
	Know ways of studying the brain: scanning techniques - electroencephalogram (EEGs) and ERPs		https://illuminate.digital/aqapsych2/ Chapter 2 pages 44-45
	Discuss the use of post-mortem examinations		https://illuminate.digital/aqapsych2/ Chapter 2 pages 45
	Understand biological rhythms: circadian, infradian and ultradian and the difference between these rhythms		https://illuminate.digital/aqapsych2/ Chapter 2 pages 46-51
	Understand the effect of endogenous pacemakers and exogenous zeitgebers on the sleep/wake cycle		https://illuminate.digital/aqapsych2/ Chapter 2 pages



Paper 3

Issues and debates topic

RAG Before	Learning checklist	RAG After	Where can I get Extra help? Page numbers websites etc
	To be able to discuss gender bias in Psychology – universality and bias including androcentrism and alpha and beta bias.		https://illuminate.digital/aqapsych2edy2/ Chapter 4 pages 94-95
	To discuss culture bias in Psychology – universality and bias including ethnocentrism and cultural relativism.		Issues & Debates: Culture Bias.
	To discuss free will and determinism: hard determinism and soft determinism; biological, environmental and psychic determinism.		https://www.psychologyhub.co.uk/determinism-and-free-will/
	Be able to explain the scientific emphasis on causal explanations.		https://illuminate.digital/aqapsych2edy2/ Chapter 4 pages 98-99
	To discuss the nature-nurture debate: the relative importance of heredity and environment in determining behaviour		https://www.simplypsychology.org/naturevsnurture.html
	To be able to discuss the interactionist approach to explaining behaviour		https://www.tutor2u.net/psychology/reference/issues-debates-evaluating-the-nature-nurture-debate-interactionist-approach
	To be able to discuss holism and reductionism: levels of explanation in Psychology. Biological reductionism and environmental reductionism		https://illuminate.digital/aqapsych2edy2/ Chapter 4 pages 102-103
	To be able to discuss idiographic and nomothetic approaches to psychological investigation.		https://illuminate.digital/aqapsych2edy2/ Chapter 4 pages 104-105
	To be able to discuss ethical implications of research studies and theory		https://illuminate.digital/aqapsych2edy2/ Chapter 4 pages 106-107
	To be able to discuss implications of conducting research that is social sensitivity		https://www.youtube.com/watch?v=BHE8z kpUJqM



Forensics topic

RAG Before	Learning checklist	RAG After	Where can I get Extra help? Page numbers websites etc
	Understand offender profiling: the top-down approach, including organised and disorganised types of offender		https://illuminate.digital/aqapsych2edy2/ Chapter 12 pages 322-323
	Understand offender profiling: the bottom-up approach, including investigative Psychology; geographical profiling.		https://illuminate.digital/aqapsych2edy2/ Chapter 12 pages 324-325
	Understand a historical approach (atavistic form) to explaining offending behaviour		www.simplypsychology.org/lombroso-theory-of-crime-criminal-man-and-atavism.html
	Understand the biological explanations of offending behaviour: genetics and neural explanations		www.tutor2u.net/psychology/reference/genetic-explanations-of-offending-behaviour
	Discuss Eysenck's theory of the criminal personality		https://illuminate.digital/aqapsych2edy2/ Chapter 12 pages 324-325
	Discuss cognitive explanations of offending behaviour: level of moral reasoning & cognitive distortions.		https://illuminate.digital/aqapsych2edy2/ Chapter 12 pages 332-333
	Discuss the differential association theory of offending		https://www.simplypsychology.org/differential-association-theory.html
	Discuss the psychodynamic explanations of offending		https://illuminate.digital/aqapsych2edy2/ Chapter 12 pages 332-337
	Understand the aims of custodial sentencing and the psychological effects of custodial sentencing		https://www.tutor2u.net/psychology/topics/aims-of-custodial-sentencing
	Understand behaviour modification as a way of dealing with offending behaviour		studyrocket.co.uk/revision/a-level-psychology-aqa/psychology-in-context/dealing-with-offending-behaviour-custodial-sentencing
	Understand anger management as a way of dealing with offending behaviour		https://illuminate.digital/aqapsych2edy2/ Chapter 12 pages 342-343
	Understand restorative justice as a way of dealing with offending behaviour		https://why-me.org/about/



Schizophrenia topic

RAG Before	Learning checklist	RAG After	Where can I get Extra help? Page numbers websites etc
	To explain classification of schizophrenia.		https://illuminate.digital/aqapsych2edy2/ Pg. 202-203
	To explain positive symptoms of schizophrenia, including hallucinations and delusions. Negative symptoms of schizophrenia, including speech poverty and avolition		https://www.rethink.org/advice-and-information/about-mental-illness/learn-more-about-conditions/schizophrenia/
	To discuss reliability and validity in diagnosis and classification of schizophrenia, including reference to comorbidity, culture and gender bias and symptom overlap		https://www.tutor2u.net/psychology/reference/schizophrenia-reliability-validity
	To discuss biological explanations for schizophrenia: genetics, the dopamine hypothesis and neural correlates.		https://www.psychologywizard.net/biological-explanation-ao1-ao2.html
	To discuss biological treatments for SZ including drug therapy: typical and atypical antipsychotics		https://www.simplypsychology.org/a-level-Schizophrenia.html
	To discuss psychological explanations for schizophrenia: family dysfunction		https://www.youtube.com/watch?v=HOnYQ_GW1I
	To discuss psychological explanations for schizophrenia: cognitive explanations, including dysfunctional thought processing		https://www.nhs.uk/mental-health/conditions/schizophrenia/treatment/
	To discuss psychological therapies of SZ including family therapy as used in the treatment of schizophrenia. Token economies as used in the management of schizophrenia		https://www.simplypsychology.org/a-level-Schizophrenia.html
	To discuss psychological therapies of SZ: Cognitive behaviour therapy (CBT)		https://www.mind.org.uk
	To discuss the importance of an interactionist approach in explaining and treating schizophrenia; the diathesis-stress model		https://www.studysmarter.co.uk/explanations/psychology/schizophrenia/interactionist-approach/



Gender topic

RAG Before	Learning checklist	RAG After	Where can I get Extra help? Page numbers websites etc
	Be able to explain the role of chromosomes and hormones (testosterone, oestrogen and oxytocin) in biological sex		https://www.simplypsychology.org/biological-approach-to-gender.html
	To be able to explain diversity in sex development, including androgen insensitivity syndrome, Klinefelter's syndrome and Turner syndrome.		https://illuminate.digital/aqapsych2edy2/ pg150-155
	To be able to discuss gender identities, including binary, non-binary and gender fluid		https://www.youtube.com/watch?v=g43fcXxT3vw
	To discuss how gender has been measured using the Bem Sex Role Inventory.		https://www.britannica.com/science/Bem-Sex-Role-Inventory
	To discuss biological explanations of gender development, including chromosomes and hormones.		https://www.psychologytoday.com/us/topics/gender
	To discuss psychological explanations for schizophrenia: family dysfunction		https://illuminate.digital/aqapsych2edy2/ Chapter 6, pages 160-161
	To discuss cognitive explanations of gender development, Kohlberg's theory, gender identity, gender stability and gender constancy; Martin and Halverson's gender schema theory.		https://illuminate.digital/aqapsych2edy2/ chapter 6, pages 156-157
	To discuss social learning theory as applied to gender development.		https://www.tutor2u.net/psychology/reference/social-learning-theory-and-gender
	To discuss the influence of culture and media on gender roles.		https://illuminate.digital/aqapsych2edy2/ Chapter 6, pages 164-165
	To discuss Gender incongruence: biological and social/cultural explanations		https://illuminate.digital/aqapsych2edy2/ chapter 6, pages 166-167