

Week Commencing; 27/10/2025 17/11/2025 08/12/2025 19/01/2026
09/02/2026 02/03/2026 23/03/2026 13/04/2026

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS	VEGETARIAN MAIN MEALS
Monday Beef Bolognese with Wholegrain Pasta & House Salad	Monday Plant Based Bolognese with Wholegrain Pasta and House Salad (V)
Tuesday Kung Pao Chicken with Vegetable Rice	Tuesday Kung Pao Cauliflower with Vegetable Rice (VE)
Wednesday Honey Glazed Roast Gammon, Crisp Roasties, Seasonal Vegetables & House Gravy	Wednesday Lentil Sage & Onion Wellington (V)
Thursday Chicken Tikka Masala, Served with Braised Rice & Kachumber Salad	Thursday Butter Cauliflower & Chickpea Curry, Served with Braised Rice & Kachumber Salad (V)
Friday Chip Shop "Fryday" Fish, Pizza or Fishcake & Chips with Peas & Tartare Sauce	Friday Homemade Cheese & Onion Slice with Chips & Peas (V)

DESSERTS

Monday	Tuesday	Wednesday	Thursday	Friday
Spiced Pineapple Cake with Custard	Chocolate & Banana Brownie	Syrup Sponge with Custard	Oaty Apple Crumble with Custard	Hot Chocolate Rocky Road
Fruit and Jelly Pots Available Daily				

HOMEMADE SOUP & FRESHLY BAKED BREAD
Available Daily

JACKET POTATOES
Topped with a Choice of: Cheese, Tuna or Beans Available Daily



MADE
YOUR
WAY!

CHOOSE IT!
ADD IT!
TOP IT!

Switch up your flavours with our street food-inspired range, available Tuesday to Thursday.
With weekly rotating choices, there's always something tasty.

Choose a base, add protein, and top it your way!

Visit the restaurant to check out what's on offer each week

NATURally

Monday	Tuesday	Wednesday	Thursday	Friday
Pakistani Tarka Dhal (VE)	Vegan Singapore Noodles (VE)	Onion Bhaji & Vegetable Rice (VE)	The Big Plant Burger (VE)	Garlic & Chilli Noodles (VE)

TRATTORIA



Monday	Tuesday	Wednesday	Thursday	Friday
Pasta in a Cheese Sauce	Tomato & Basil Pasta	Margherita or Pepperoni Pizza	Creamy Pesto Pasta	Margherita Pizza

Week Commencing; 03/11/2025 24/11/2025 15/12/2025 05/01/2026
26/01/2026 16/02/2026 09/03/2026 30/03/2026 20/04/2026

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS	VEGETARIAN MAIN MEALS
Monday Pork & Beef Sausage, Served with Mash with Onion Gravy Tuesday Beef Lasagne with Homemade Garlic Bread & Garden Peas Wednesday Hand Carved Roast British Turkey, Crisp Roasties, Seasonal Vegetables, & House Gravy Thursday Sweet & Sour Chicken, Served with Fried Rice Friday Chip Shop "Fryday" Fish, Pizza or Fishcake & Chips with Peas & Tartare Sauce	Monday Vegan Sausage Casserole with Gravy (VE) Tuesday No Waste Cauliflower Cheese Pasta Bake (V) Wednesday Cheese, Onion & Leek Pie, Served with Seasonal Vegetables & Gravy (V) Thursday Sweet & Sour Tofu with Fried Rice (V) Friday Jamaican Squash Pasty with Chips & Peas (V)

DESSERTS				
Mon day	Tues day	Wednesday	Thursday	Friday
Chocolate Sponge with Chocolate Sauce	Pear & Ginger Crumble with Cinnamon Custard	Jam Sponge with Custard	Baked Churros	Hot Chocolate Rocky Road
Fruit and Jelly Pots Available Daily				

HOMEMADE SOUP & FRESHLY BAKED BREAD Available Daily

JACKET POTATOES Topped with a Choice of: Cheese, Tuna or Beans Available Daily



MADE YOUR WAY!

CHOOSE IT!
ADD IT!
TOP IT!

Switch up your flavours with our street food-inspired range, available Tuesday to Thursday. With weekly rotating choices, there's always something tasty.

Choose a base, add protein, and top it your way!

Visit the restaurant to check out what's on offer each week

NATURally				
Monday	Tuesday	Wednesday	Thursday	Friday
Fork Friendly Falafel Kebab (VE)	Vegan Singapore Noodles (VE)	Singapore Fried Rice (VE)	The Big Plant Burger (VE)	Garlic & Chilli Noodles (VE)

TRATTORIA				
Monday	Tuesday	Wednesday	Thursday	Friday
Tomato & Basil Pasta	Pasta in Cheese Sauce	Margherita or Pepperoni Pizza	Creamy Pesto Pasta	Margherita Pizza

Week Commencing; 20/10/2025 10/11/2025 01/12/2025 22/12/2025
12/01/2026 02/02/2026 23/02/2026 16/03/2026 06/04/2026

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS

VEGETARIAN MAIN MEALS

Monday BBQ Chicken Served with Salt & Peppers Wedges, Garden Peas	Monday Chipotle Quorn Dippers with Salt & Pepper Wedges & Garden Peas (V)
Tuesday Chicken Arrabbiata Pasta Bake	Tuesday Crunchy Topped Macaroni Cheese and House Salad (V)
Wednesday Roast Shoulder of Pork, Crisp Roasties, Seasonal Vegetables & House Gravy	Wednesday Cheesy Roasted Squash & Parsnip Crumble. Served with Seasonal Vegetables & Gravy (V)
Thursday Chicken Korma with Pilau Rice & Coriander Salad	Thursday Cauliflower Bhaji with Pilau Rice & Mint Yogurt (V)
Friday Chip Shop "Fryday" Fish, Pizza or Fishcake & Chips with Peas and Tartare Sauce	Friday Crispy Onion Pakora Burger Served with Mango Slaw, Chips & Peas (VE)

DESSERTS

Monday	Tuesday	Wednesday	Thursday	Friday
Sticky Lemon Sponge	Mixed Berry & Apple Crumble	Jam Roly Poly with Custard	Banana Pudding with Custard	Hot Chocolate Rocky Road
Fruit and Jelly Pots Available Daily				

HOMEMADE SOUP & FRESHLY BAKED BREAD
Available Daily

JACKET POTATOES
Topped with a Choice of: Cheese, Tuna or Beans Available Daily



MADE YOUR WAY!

CHOOSE IT!
ADD IT!
TOP IT!

Switch up your flavours with our street food-inspired range, available Tuesday to Thursday.
With weekly rotating choices, there's always something tasty.

Choose a base, add protein, and top it your way!

Visit the restaurant to check out what's on offer each week

NATURally				
Monday	Tuesday	Wednesday	Thursday	Friday
Buffalo Cauliflower Wings, Served with Salt & Pepper Wedges (V)	Vegan Singapore Noodles (V)	Hot Falafel Buddha Bowl (V)	Onion Bhaji Skewer with Bombay Potatoes (VE)	Garlic & Chilli Noodles (VE)

TRATTORIA

Monday	Tuesday	Wednesday	Thursday	Friday
Tomato & Basil Pasta	Pasta in a Cheese Sauce	Margherita or Pepperoni Pizza	Creamy Pesto Pasta	Margherita Pizza

Breakfast

4" Grilled Bacon Bap

4" Sausage Bap

Toast with Spread & Jams

Danish Pastry

Student Porridge

Staff Porridge

Toppings

Cereals

Breakfast Wrap



Grab & go

Hot

Breakfast Roll

3 Piece Breakfast
Pot

Breakfast Baguette

Pasta Pots

Ciabatta

Toastie

Panini
Half Panini

Burrito

BBQ Southern Fried
Chicken Twister

Chicken Wings

Pizza Slice

Cold

Chill Deal Roll

Deli Sub/Sandwich

Wrap

Basic Baguette
Premium Baguette

Half Baguette

Cold Pasta Pot
(16oz)

Naturally Premium
Salad

Protein Pot

Salad Pots

Yoghurt/Jelly/Fruit
Pot

Piece of Fruit



Jacket potatoes

Served with a side salad

Jacket + 1 Filling

Filling s

Cheese

Baked Beans

Tuna Mayo

Manager's Special



Homebakes & sweet treats

Chocolate Brownie

Danish Pastry

Banana Bread

Cookie
Small

Muffin
Small

Flapjack
Small

Shortbread
Small



POWER BITES

ALL ITEMS
£1.35
ONLY

Don't let hunger slow you down
POWER UP and seize the day!



POWER BITES

Don't let hunger slow you down
POWER UP and seize the day!

ALL ITEMS
£1.35
ONLY

NOODLES & PASTA POTS

- 8oz **Hoisin Noodles** (V)
- 8oz **Sweet Chilli Noodles** (V)
- 8oz **Sesame Noodles** (V)
- 8oz **Tomato & Basil Pasta** (V)
- 8oz **Mushroom & Spinach Pasta** (V)
- 8oz **Beef Bolognese Pasta**
- 8oz **Smoked Sausage & Beans Pasta**
- 8oz **Cheese Sauce Pasta** (V)
- 8oz **Pesto & Spinach Pasta** (V)

Not all items are available every day

NEW OFFER

**MORE ITEMS
AVAILABLE**

