



Subject: Y10 PSHE Curriculum

Dear Parent/Carer,

Students are continuing with their PSHE curriculum in lessons this term. I am writing to update you on the topics Year 10 will be studying in PSHE in the coming weeks. This half term, Year 10 will be focusing on exploring **influence** and will be taught:

- Positive and negative role models
- How to evaluate the influence of role models on your life
- What is democracy and how does it compare with other countries?
- Who are our main political parties in Britain and what is the main difference between them?
- The importance of casting a vote
- The media's perception of gang culture and how that might influence young people to become involved in drugs and alcohol
- The impact of drugs and alcohol on individuals, families and wider communities
- How drugs and alcohol affect decision making
- How to seek help for substance abuse and addiction
- How to manage peer influence in increasingly independent scenarios in relation to substances, gangs and crime
- How to keep self and others safe in situations that involve substances
- Exit strategies for dangerous situations

PSHE involves both written work and group-based discussion work, and we really hope your child is enjoying exploring the range of topics that PSHE offers. Resources that we use are sourced from the PSHE Association and therefore approved by the Department for Education.

If you have any questions or queries relating to the PSHE curriculum, please do not hesitate to get in touch at: info@guiseleyschool.org.uk.

The resources below may also be useful for you to discuss the work we do in PSHE with your child/ren at home:

- <https://www.bbc.co.uk/bitesize/articles/ztxk6rd#z8hyqyc>
- <https://www.childline.org.uk/info-advice/bullying-abuse-safety/crime-law/gangs/>
- <https://www.childline.org.uk/info-advice/you-your-body/drugs-alcohol-smoking/>

Yours sincerely,
Mr S Lord
Curriculum Leader - PSHE